

NICOLE KLEIN MD

ENT \ FACIAL PLASTICS

Otolaryngology Associates
ENT & Face, Head & Neck Plastic Surgery
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Post-Operative Instructions - Myringoplasty

You may experience a mild degree of discomfort following your procedure. It rarely lasts longer than 24 hours. This is normal and expected. You may use Tylenol or Ibuprofen for pain.

- The ear canal must remain dry for one month following surgery. Plug this ear during bathing. **DO NOT SWIM.** You may get the earlobe wet following surgery.
- If steri-strips have been applied, no wound care is necessary.
- Keeping the earlobe clean is essential for proper healing. Clean the area daily using diluted hydrogen peroxide. This should be followed by application of a thin layer of Bacitracin. Follow this routine for the first 3 to 4 days.
- Total healing time for the earlobe may take 5 to 7 days. Continue using the ointment for 5 days post-op or leave steri-strips in place for 7 days post-op.
- Redness, swelling, tenderness, and drainage are signs of a possible wound infection.
NOTIFY THE OFFICE IMMEDIATELY IF YOU EXPERIENCE ANY OF THESE SYMPTOMS.

A successful outcome requires your full participation. Post-operative visits are vital to monitor your progress. Please call the office between 8:00 a.m. and 5:00 p.m. if you have any questions.

If you have any questions or concerns, please give our office a call at 317-844-7059 Ext. 1417. Thank you.