

NICOLE KLEIN MD

ENT / FACIAL PLASTICS

Otolaryngology Associates
ENT & Face, Head & Neck Plastic Surgery
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Profound - Post/Re-Treatment Care

Post-Treatment Care

Patients should be advised of the expected healing sequence and expected treatment side effects. The patient should be advised to wash normally using mild cleansers or soaps and avoid washcloths and harsh cleansers until all transient healing processes have resolved naturally.

- Wash the treated area 3-4 times daily to clean.
- Apply a thin coat of antibiotic or healing ointment (Aquaphor or equivalent) to the treated area as per standard medical procedure.
 - Keep the treated area moist AT ALL TIMES FOR 1 WEEK, to avoid scab formation.
- To minimize the post-procedural inflammation, apply ice packs on the treatment zone for about 45 minutes directly after treatment (follow in 15 minute increments with ice on and off).
- Patient should sleep with a slightly elevated head.
- Patients should avoid excessive sun exposure on the treatment area and use sunscreen (SPF 30+) for one month following the procedure.
- Patients should be advised to contact their physician if they have any concerns about how their skin is responding to treatment or is healing.
- Expected downtime: 5 to 7 days.
- Patients should change pillowcase daily for 5 days or use a clean towel each day to avoid soiling linens.

Re-Treatment Care

- Clinical testing suggests that wrinkle improvement can continue to develop for 3 to 6 months following treatment. Clinical literature suggests that the dermal remodeling process following non-ablative RF treatments can continue for 6 to 12 months.
- Re-treatment with Profound system is not recommended prior to 12 months following the initial treatment.

If you have any questions or concerns, please give our office a call between 9 a.m. and 5 p.m. at 317-844-7059 Ext. 1417. Thank you.