

NICOLE KLEIN MD

ENT / FACIAL PLASTICS

Otolaryngology Associates
ENT & Face, Head & Neck Plastic Surgery
www.otolaryn.com
Nicole Klein, MD | www.nicolekleinmd.com

Pre-Operative Instructions - Medications to Avoid

Preoperatively, we ask that you stop all of your over the counter medications and vitamin supplements, other than a daily multivitamin. Please discontinue these unprescribed medications 2 weeks prior to the procedure. Please DO NOT take any NSAID medications for 2 weeks prior to your procedure. Examples of NSAIDs include:

- Advil, motrin, or ibuprofen
- Aleve or naproxen
- Check the ingredients on medications like Alka-seltzer or Excedrin, because these products may contain aspirin.

If you take an aspirin that is prescribed by your doctor (e.g. for heart, vascular, or neurologic problems), please check with your prescribing physician before discontinuing this medication. We may need a preoperative clearance from your prescribing physician to stop aspirin or other blood thinners, so please discuss this with your surgeon.

Acetaminophen or tylenol is usually safe to take if you have pain in the 2 weeks prior to your procedure, but please discuss this with your doctor.

Please follow your preoperative instructions for all of your prescribed medications. Discuss all prescription medications with your physician at your preoperative visit, so you know which medications are important to take the day of surgery, and which should be discontinued. Please do not discontinue your prescribed medications without first consulting with your physician.

If you have any questions or concerns, please give our office a call at 317-844-7059 Ext. 1417. Thank you.