

NICOLE KLEIN MD

ENT / FACIAL PLASTICS

Otolaryngology Associates
ENT & Face, Head & Neck Plastic Surgery
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Post-Operative Instructions - Endoscopic Procedures **Bronchoscopy / Esophagoscopy / Laryngoscopy**

1. If biopsies were taken during your procedure, you may “cough up” a small amount of blood or have blood-tinged sputum for several days following the procedure.
2. A minor sore throat is a common side effect and is usually relieved by the use of Tylenol (Acetaminophen) and/or Chloraseptic spray. Sometimes the physician may prescribe a stronger pain medication. If throat discomfort is not relieved by these medications, contact the doctor’s office.
3. Do not abuse your voice for two days following your procedure, rest it as much as possible, but avoid whispering.
4. If you should experience any breathing problems, high fever, or chest pain, notify the doctor’s office or answering service immediately.
5. Dietary restrictions: clear fluids for the first eight hours following the procedure. You may then advance your diet as tolerated.
6. Mild nausea and/or vomiting after surgery is not uncommon; however, if you are having problems keeping liquids down for more than eight hours, contact the office.
7. It is important that you follow-up with your physician after your procedure. Results of any biopsies, if taken, will be discussed at your post-operative appointment. You will need to schedule this appointment following your procedure.

If you have any questions or concerns, please give our office a call at 317-844-7059 Ext 1417. Thank you.