

# NICOLE KLEIN MD

## ENT \ FACIAL PLASTICS

**Otolaryngology Associates**  
**ENT & Face, Head & Neck Plastic Surgery**  
**www.otolaryn.com**  
**Nicole Klein, MD | [www.nicolekleinmd.com](http://www.nicolekleinmd.com)**

### **Post-Operative Instructions - Excision Lesion Removal/Sutured Wounds**

You may experience a mild degree of discomfort following your procedure. It rarely lasts longer than 24 hours. This is normal and expected. Symptoms may be minimized by application of cold compresses for the first 24 hours, elevation of the operative site, and by using the prescribed pain medication. You may use Tylenol Extra-Strength or regular strength Tylenol for milder pain.

- You may get the area wet the day following removal. If the incision has been glued, do not get wet for 48 hours.
- If sutured, keeping the area clean is essential for proper healing. Clean the area daily using diluted hydrogen peroxide. This should be followed by application of a thin layer of the Bacitracin. Follow this routine for the first 3 to 4 days.
- If tapes are applied over the sutures no wound care is required. Total healing time may take 5 to 7 days.
- Redness, swelling, tenderness, and drainage are signs of a possible wound infection.  
**NOTIFY THE OFFICE IMMEDIATELY IF YOU EXPERIENCE ANY OF THESE SYMPTOMS.**
- Limit sun exposure and tanning beds for the first 6 to 8 weeks following lesion removal.
- Use sunscreens with a minimum SPF of 15 to 30 when sun exposure is unavoidable.

A successful outcome requires your full participation. Post-operative visits are vital to monitor your progress. Please call the office between 9:00 a.m. and 5:00 p.m. if you have any questions.

**If you have any questions or concerns, please give our office a call at 317-844-7059 Ext. 1417. Thank you.**